

**Continuum Cancer Centers of New York
Support Groups & Wellness Programs**

July

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1	2 2:00-3:15 Yoga (SL) 3:15-400 Meditation (SL)	3
4	5 Independence Day	6 8:30-10:00 Pool (Y) 4:15-5:45 Yoga (RH) 6:00-7:30 Meditation (RH) 6:00-7:30 Prostate Lecture (PACC) 7:30-8:30 Prostate (CC)	7	8 6:00-7:30 Breast (CC) 7:30-8:30 Erectile Dysf. Group (CC)	9 2:00-3:15 Yoga (SL) 3:15-400 Meditation (SL)	10
11	12 4:00-5:00 Yoga (CC) 5:30-6:30 Meditation (CC) 6:30-8:00 Reiki (CC)	13 8:30-10:00 Pool (Y) 4:15-5:45 Yoga (RH) 6:00-7:30 Meditation (RH) 7:30-8:30 Prostate (CC)	14	15	16 2:00-3:15 Yoga (SL) 3:15-400 Meditation (SL)	17
18	19 4:00-5:00 Yoga (CC) 6:30-8:00 Reiki (CC)	20 8:30-10:00 Pool (Y) 4:15-5:45 Yoga (RH) 6:00-7:30 Meditation (RH) 7:30-8:30 Prostate (CC)	21	22 6:00-7:30 Breast (CC)	23 2:00-3:15 Yoga (SL) 3:15-400 Meditation (SL)	24
25	26 4:00-5:00 Yoga (CC) 5:30-6:30 Meditation (CC) 6:30-8:00 Reiki (CC)	27 8:30-10:00 Pool (Y) 4:15-5:45 Yoga (RH) 6:00-7:30 Meditation (RH) 7:30-8:30 Prostate (CC)	28	29	30 2:00-3:15 Yoga (SL) 3:15-400 Meditation (SL)	31
PACC = Conference Center (2 nd Floor) 9D = 9 Dazian (Hospital) Y = Sol Goldman 14 th Street SLD = St. Luke's Division		CC = Cancer Center (Suite 4-A) RD = Roosevelt Division JCC = West Side Jewish Community Center		<p align="center"><i>For Further Information & Registration</i></p> Cindy Turkeltaub, CSW (212) 844-6022 Beth Israel Medical Center		<p align="center">Rena Goldsmith (212) 523-7259 St. Luke's Roosevelt Division</p>

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